

THE BOYNTON BLOOMERS

Boynton Beach Garden Club | January 2023 | C. Stender, Editor

Boynton Beach Garden Club is a member of National Garden Clubs, Inc. (NGC); Deep South Region (DSR); and Florida Federation of Garden Clubs (FFGC), District X.

General Meeting

January 24. Two Pines for South Florida. Presentation by our own Carol Cloud Bailey.

Tropical Short Course

January 25-26. Educational event sponsored by FFGC and District X. Speakers on the environment, gardening, landscape and floral design.

Sip N Stroll

February 1. Wakodahatchee Wetlands is our destination this month for another delightful evening stroll with fellow gardeners.

Library Lecture

February 6. Club members present a program on Gardening in Florida at Boynton Beach City Library's Brown Bag Lecture Series.

Workshop

February 9. Floral arranging with Emilie Palmieri in preparation for Art in Bloom. \$



Presidents' Report

Here we are — 2023. Hard to believe. The Garden Club season is half over already. Each month, our calendar has been jam packed with crafts, strolls, gardening, trips and one major event after another. The word that comes to mind is DYNAMIC! BBGC is truly a dynamic, motivated, supportive group of ladies. And so much more is yet to come!

(Cont'd next page)

(President’s Report Cont’d)

The winter months in Florida are prime time for great opportunities. BBGC takes advantage of them. Sip N Stroll this month is at one of my favorite places to spend some quiet time—Wakodahatchee Wetlands. Photographers from all over the world line the boardwalks here, and for good reason. Masses of roosting birds, gators, and the sheer beauty of the wetlands. My soul simply glows after a walk through Wakodahatchee.

On February 6, BBGC is presenting *What Makes Florida Gardening Unique* at the Boynton Beach City Library’s Brown Bag Lecture Series. Our own Master Gardener Michelle Hendricks and myself have put together a short presentation, enhanced by “show and tell” plants from Christine Johnson’s garden. Come join us and help us answer questions from the audience and promote our club.

February is, also, the month we turn our attention to floral arranging in preparation for Art in Bloom. Emilie Palmieri, District X Fun with Flowers Director, is giving a workshop on February 9. Perhaps you remember when she worked with us last year. Emilie is a terrific demonstrator and, good instructor that she is, she watches the room for anyone who need extra assistance. This opportunity is limited to fifteen participants. Each will return home with a stunning arrangement.

And don’t forget to check out the events being offered by the District and our local sister clubs. Check out the Opportunities Trifold at the Membership meeting. So much going on!

Our club is active and successful because we are blessed with such a terrific group of members. Their creativity and enthusiasm inspires us all. They do not fear to tackle whatever job pops up and they persevere until the job is done. I realize how fortunate I am to be working with so many great ladies and friends. Club membership really brings out the best in all of us!

Some members, however, stand out for their service and contributions to the club. Toni Cvetko is truly one of those. She rises to any challenge with focus and enthusiasm. At last month’s General Meeting, I presented Toni with a Certificate of Appreciation. As President, I cherish her advice, assistance, and achievements. Toni’s contributions to the club are outstanding. I rely on her level-headedness and attention to detail to keep me on the right path. Toni is indispensable to the smooth working of our club and to the success of many of our endeavors, including our impressive, well-planned fundraiser. Her organizational skills and proficiency and professionalism are unparalleled. Thank you, Toni, for all you do.

So onward into 2023 we go. The year ahead looks promising with many more activities, events, and projects to keep us focused on bettering our world—one little bit at a time.



Toni Cvetko (l.) receiving the President’s Certificate of Appreciation

Program for January 24 General Meeting

Two Pines for South Florida

Our scheduled January speaker cannot be with us this year. However, our very own Carol Cloud Bailey will be presenting on “Two pine trees for South Florida to know and grow.”

Carol has a very impressive background in horticulture, coming from a gardening family and earning college degrees in horticulture. In the past, she has taught as an adjunct professor at Florida State College. Currently, she is a working Horticulturist and property manager and she writes freelance articles for the Treasure Coast Newspapers.

With all of that, Carol Cloud Bailey says, “What I love best, though, is sharing what I have learned.”

Lynn Jones will return next year.

REGISTER NOW!

National Garden Clubs, Inc.

Gardening School, Course 2



Monday – Tuesday

February 9 & 10, 2023

8:30 AM – 3:30 PM

Mounts Botanical Garden Auditorium

531 N. Military Trail, West Palm Beach 33415

Email tlcvetko@gmail.com to register

Boynton Beach Garden Club Takes the Prize



Pictured above (l. to r.) Commissioner Turkin, Commissioner Kelley, Commissioner Hay, Vice-Mayor Cruz, Carol Stender, Bonnie Paton, Nancy Lemcke, and Mayor Penserga. Photo Credit: Tina Husing.

As if participating in the City of Boynton Beach Holiday Parade wasn't rewarding enough, the BBGC garnered another reward: our entry won a plaque for Best Depiction of Life in Boynton Beach!

In the beginning of January, Bonnie Paton, Chair of the Parade Event, received an email from Gabriella Favita, Events Manager for the city, that we had won the award and she invited us to attend the January Boynton Beach Board of Commissioners Meeting to be recognized and receive the plaque.

Deciding it was good public relations, a few of us attended. Luckily, the prizes were announced at the beginning of the meeting. When we were called forward for the photo op, we donned our bee antennae to receive the Best Depiction of Life in Boynton Beach Award from the commissioners. It really was a "feel good" moment. We were proud to represent Boynton Beach Garden Club.

A Note From Our Club Photographer—Tina Husing

You Ladies are busy BEES!!! As a new member, I can't keep up with you!!! LOL

If you are Hosting an event or Leading a group into exciting adventures, contact me ahead of time and I will be happy to join you and TAKE PICTURES to capture endearing moments to be shared with those that couldn't be with you, or to be used in the newsletter, etc.

Contact Tina Husing at 561-729-7969

FUN WITH FLOWERS

THURSDAY, FEBRUARY 9 AT 10:30



A floral arranging workshop, “Fun with Flowers”, is scheduled for Thursday, February 9, 2023, at 10:30 a.m. in the High Point Clubhouse. The instructor, Emilie Palmieri, serves as the District X Fun with Flowers Chairwoman. Emilie will provide tips on flower arranging while demonstrating and instructing the members as they create their beautiful arrangements.

Only 15 members can attend this workshop. A signup sheet will be available at the General Meeting. There is a charge for this workshop to cover the expense of the instructor’s fee and all the flowers. The charge depends on the number of attendees. The cost will be in the range of \$10- \$15.

For additional information, please contact Toni Cvetko (TLCvetko@gmail.com).

Helpful Hint for Potted Plants—☺

by Evelyn Maciag

Line your pots with a coffee filter. Benefits include:
allows water to drain
keeps the soil in the pot

Art in Bloom Floral Designers Needed



Art in Bloom is a fun flower show where our members use fresh flowers and textures to interpret the colorful and imaginative artwork of school students. This year we are using artwork from Plumosa Elementary School.

This event promises to be especially exciting as we are collaborating with the City of Boynton Beach's staff at the Arts and Cultural Center, as well as with our friend Suzanne Ross, the Director of the Schoolhouse Children's Museum.

Details are still in the works, but judging and a reception will be held in a lovely room on the first floor of the Arts and Cultural Center on Friday evening, March 10 from 4–5PM. Saturday will be our Art in Bloom Open House, enhanced by related activities that only a Director of an Arts and Cultural Center can put together.

At the February General Meeting, designers will receive the piece of student artwork that they will interpret as a floral arrangement. They will have almost two weeks for their creative ideas to come to fruition. This is your opportunity to show off your floral design creativity!

Date/Time of Reception: Friday, March 10, 2023, 5 p.m.—6 p.m.

Date/Time of Open House: Saturday, March 11, 2023, 10 a.m. – 2 p.m.

Location: Arts and Cultural Center, Ocean Ave., Boynton Beach

Sign up: A clipboard will be available at January 24 General meeting.

For additional information contact: Toni Cvetko (TLCvetko@gmail.com or 908-757-0116)

NOTE: A floral design workshop, "Fun with Flowers", is scheduled for Thursday, February 9 at 10:30 a.m.

LOVE MY ROSES

by Linda Schrader

Roses have always been my favorite flower. Learned to love them as a child. My grandmother had different varieties of roses on her farm, and likewise my mother also had roses around our home. Moving to Florida and leaving not only roses but all those many lovely northern flowers (daisies, tulips, forget-me-nots) behind...that just cannot handle the South Florida weather...was not a happy thought.

One of my first Boynton Beach Garden Club meetings featured a speaker that changed my backyard. Geoff Coolidge from Cool Roses in West Palm Beach spoke about growing roses in South Florida. Specific types of roses, how to care for them, and where to plant them. Geoff also brought rose bushes 'for sale'. My first rose bush was purchased, and my small rose garden commenced.

If you love roses, it is possible to grow roses in South Florida. Full sun is necessary. Six to eight hours of sun, preferably morning

sun is best. Roses do take a lot of work and devotion – unendingly. Although the lower maintenance variety known as *knockout* does grow well in Florida and comes in several colors. Roses need to be fertilized each month, year-round, with a rose specific



Knock Out Rose



Heritage Rose

fertilizer. Watering should be done in the early part of the day. This allows the leaves to dry during the day. Pruning should be done at least once a year $\frac{1}{2}$ to $\frac{2}{3}$ of the length (January/February and possibly in June/July).

The biggest problem in South Florida with roses is black spot, a fungal disease, that can be prevented by spraying regularly (every two weeks) with a rose fungicide.

Great roses for South Florida: knockout, Louis Phillipe, Carefree Beauty, Graham Thomas, Davis Austin, Mrs. B.R.Cant. Roses can also be grown in large pots.

January Sip N Stroll: High Ridge Scrub

by Jody Fraser

We had an excellent turnout for the January Sip N Stroll at High Ridge Scrub, despite the very limited parking. Nine members carpooled to the site and strolled the .25 mile paved loop through the park. Christine declared that this is now her “favorite scrub” because of the abundance of tiny pinecones! We enjoyed socializing with each other while viewing Sand Pines, Saw Palmettos, Blue Lupine and a sighting of the endangered Gopher Tortoise next to his burrow.



Strollers (l.-r.) Linda Anderson, Bonnie Paton, Nancy Lemcke, Christine Johnson, Pat Inturrisi, Marianne Madyda, and Brenda Jones. Photo Credit: Jody Fraser

February Sip N Stroll: Wakodahatchee Wetlands

by Jody Fraser

The February Sip N Stroll will be held on Wednesday, February 1st from 4:00-6:00 p.m. at Wakodahatchee Wetlands, located at [13270 Jog Rd.](#) in Delray Beach.

This site is part of the Great Florida Birding Trail and also hosts turtles, alligators, rabbits, fish, frogs and raccoons. In Winter, migrating birds, including wood storks and herons, return to make nests, lay eggs, and welcome their hatchlings. The park features a three-quarter mile boardwalk, with interpretive signage, benches and gazebos. Bring a beverage and snack, if you wish.

Questions? Contact Jody Fraser at jodylouise53@gmail.com or 231-675-4422.



Birds roosting on trees in Wakodahatchee. Photo Credit: Nancy Lemcke

Bumble Bee Flower Pot Workshop by Carol Stender

The January Workshop was to transform a plain terra cotta flower pot into a cute Bumble Bee design.

Each participant started with a pot already spray painted white (Thank you, Linda Schrader!). Bodies of the bumble bees were then created by dipping a finger in yellow paint and pressing the print onto the pot.

Easier said than done! Everyone wanted their bee bodies to look “just right,” but frequently the imprint left on the pot was not “perfect.” But this craft inherently allows for such imperfections. After some practice making “bee bodies” with our fingertips on paper. We proceeded to make them on our pots. When the yellow paint dried, fine point Sharpies were used to draw little bee stripes, wings, antennae, a stinger, a little eye and a charming smile. Each finished bee was as CUTE AS CAN BEE!!!

Creating the Bumble Bee Flower Pots was a new craft for most of the participants, but it was a genuinely fun time: stretching our creativity in a friendly gathering of fellow gardeners—and we each took home a cute pot for one of our plants.

Watch for future crafty workshops. It’s a relaxing way to spend a few hours.



Pictured with their Bumble Bee Flower Pots (l. - r.) Bonnie Paton, Judi Liebert, Tina Husing, Christine Johnson, and Jodi Fraser.

Community Garden Update in the Works

by Carol Stender



View of the Community Garden with former member Ginny Rush observing the results of a morning of maintenance.

The Community Garden currently is an area of mostly turf with a few trees, including a Holly and a Barbados Cherry, and perimeter plantings, including a sedum garden. BBGC has created an urban oasis with this garden, which is cherished by the neighborhood. Annually, we hold a plant giveaway here in the spring.

Recently, the irrigation was fixed, inspiring the Community Garden Committee to create a more bird-friendly space. Plans are to completely eliminate the existing turf and fill the area with berry bearing bushes and trees that can provide food and shelter for birds. A variety of host plants and nectar plants will be added to establish a healthy supply of caterpillars and to support an insect population that birds can feed on. Birds, also, need water, so a birdbath will be added and positioned so that it will be refilled by the irrigation system. Finally, mulched paths will be created for strolling and viewing the plantings, and to access them for maintenance.

BBGC has applied for a FFGC Matching Funds Grant to develop the pathway network throughout the garden. Some plantings will be purchased with a portion of the proceeds from our fall fundraising efforts. A Donation Day is planned for March 8 so that members can come to the garden with any trees, bushes, and plants they wish to donate to these efforts to create an eco-friendly, bird-thriving environment.

Have a bird-friendly or pollinator-friendly plant to donate to this project? Eager to join this worthwhile project? Contact Glery Cruz (mw431643@comcast.net) or Christine Johnson (chrisbob210@aol.com).

Harmony in Nature Celebrated at Morikami

by Linda Anderson

Over a dozen Boynton Beach Garden Club members enjoyed the beauty and serenity of the Morikami Japanese Gardens and Museum on Friday, January 13. Members were treated to an educational trip via a tour-guided, mile-long stroll through the grounds, followed by self-guided visits to the museum and gift shop. Partly sunny skies and moderate temperatures made it a great day to be outside, and by the time rain showers began, we were all inside for lunch!

“I loved the serenity of the gardens, Pat Inturrisi, said. “The sounds of the splashing waterfalls and streams, especially the wind blowing through the bamboo. I would love to return at sunset! Our guide gave us so many interesting nuggets of information regarding the creation of the gardens and the symbolism.”



One cannot overstate the beauty and peace the gardens at Morikami convey

Photo Credit: Linda Anderson

Morikami Garden's roots are traced to the early 1900's when a group of young Japanese farmers arrived in what is now northern Boca Raton. They formed an agricultural community called Yamato. After a series of misfortunes, many of the original settlers returned to Japan. However, George Sukeji Morikami remained and became a successful farmer. In the mid-1970's, when Morikami was in his 80's, he donated his land to Palm Beach County with the desire that it be used for a park to preserve the memory of the Yamato Colony. There are several short, excellent video presentations at the Museum about the colony's history and the garden's creation.

(Cont'd next page)

(Morikami Cont'd)

Morikami's complex of gardens is named Roji-en: Garden of the Drops of Dew. The six distinct gardens are inspired by famous gardens in Japan. Each garden emphasizes varying aspects of Japanese aesthetic. For example, the Shinden Garden features lakes and islands, and emphasizes informality and appreciation of nature. It is intended to be viewed from a boat. Another, the Karesansui Late Rock Garden, is a dry landscape. Rocks rather than plants, are the primary focus and are arranged in a bed of raked gravel symbolizing ripples on water. Our guides explained that Master Garden Designer Hoichi Kurisu sought to duplicate the topography of Japan's mountains, islands and oceans, with meticulous placement of rocks, water features, and landscaping of plantings at a variety of heights. In some applications, the plants' growth is carefully controlled, such as with tree branches and leaves trimmed to appear as billowy clouds. (There is a Bonsai collection, too.)

Morikami is not a garden for walkers with headphones who are hurrying through while counting steps. Purposely, there are no straight paths in the hope visitors will savor the scenery from one of the many benches along the way. Brenda Jones mentioned the zigzag bridge as one of the highlights. "The guide was so interesting. She provided us with bits of cultural beliefs, for example, that the paths are crooked to delay any demons that might be chasing you! It was a beautiful place and I look forward to visiting again."

Master Garden Designer Kurisu stated clearly how he wanted visitors to feel when visiting Morikami and I think he achieved his goal:

"... little by little we are encouraged to lay aside the chaos of a troubled world and gently nurture the capacity within to hear a more harmonious, universal rhythm... This is the tremendous power the Japanese gardens at Morikami Park hold for us."



Everywhere you look is a beautifully landscaped view. Photo Credit: Keegan Gabriel

MORIKAMI PHOTO GALLERY



Small monument on Island in a pond. Photo Credit: Tina Husing

MORIKAMI PHOTO GALLERY



Group posing behind Moirkami's Happy Buddha. (l.-r.) Carol Stender, Shelley Johnston, Linda Anderson, Keegan Gabriel, Brenda Jones, and Pat Inturrisi.

MORIKAMI PHOTO GALLERY



Second tour group (l.-r.) Toni Cvetko, Bonnie Paton, Chris Murphy, Madelyne Lenny, Jody Fraser, Carmella Coppola, and Tina Husing.



Tina Husing gazing through a symbol of wisdom at Morikami

Save the date: **Saturday, February 4, 2023**

Boca Raton Garden Club, est 1953



**Celebrating 70 years
of planting seeds in Boca Raton**

Join the Fun 9am-2pm

Garden Tours Free Seeds and Plants (supplies limited)
Informational Exhibits Games for Children & Adults
Gardening Baskets for Raffles

Our seeds can be Planted in the Ground and the Mind!

4281 NW 3rd Ave., Boca Raton, Florida



Donations Welcome

**Florida Butterfly Talk
by Jim West**

(Two Vendors will offer Florida native butterfly and host plants for sale)

March 11, 2023 (Sat. - 10am)

**Ocean Ridge Town Hall
6450 N. Ocean Blvd. (A1A)
Ocean Ridge, FL 33435**

Free and Open to the Public

Sponsored by Ocean Ridge Garden Club

Free Parking in Town Hall lot.
Overflow parking across the street at
Ocean Front Beach Park (there is a
charge).

Chairperson: Sallie Howell,

**April 18 - 20, 2023 (Tues. - Thurs.)
96th Annual FFGC Convention
(Interactive Registration Form)**

Embassy Suites by Hilton
Orlando Lake Buena Vista South
4955 Kyngs Heath Road
Kissimmee, FL 34746

Cost: \$210 Registration Deadline: 3/27/23

Registrar: Skip Lamoureux

**Questions: 727-916-7547, email:
ffgc2023conv@gmail.com**

No Veggie Garden? Plant One Now and Be Generous

by Carol Cloud Bailey

Gardening is a life-affirming activity. Working with family and friends brings joy and promises of good things to be found soon. January is the gardening season in this part of Florida. Now that the holidays are over, consider getting out and planting in the garden to celebrate the new year.

Resolve this year to grow a veggie garden. Nationwide, according to a National Gardening Association 2018 survey growing your own food in the United States is happening; about 35% or a little more than one in three households report growing some of their own food. You can do the same since the vegetable gardening season is at its peak; plant something. Be creative; places to grow veggies include traditional in-ground beds, containers, and bags of soil on the deck, patio, or balcony, and plant more than you can use.

According to the USDA, 10.2 %, or 13.5 million U.S. households, were food insecure in 2021. The same agency defines food insecurity as "... limited or uncertain availability of nutritionally adequate and safe foods or limited or uncertain ability to acquire acceptable foods in socially acceptable ways." There are ways you can help our neighbors in need of food.

Ampleharvest.org. a not-for-profit 501(c)(3), was created to provide food pantries and gardeners with extra produce to find each other. It reports, "One out of seven Americans needs food assistance but can't get fresh produce from the local food pantry." AmpleHarvest.org allows food pantries to be listed in a central directory so that gardeners can share their fresh produce and, garden-by-garden, help diminish hunger in America. Find out more at <https://ampleharvest.org/>.

Locally, when you plant, plant extra, and share when it comes time to harvest. Pick fruit from citrus, papaya, and strawberries or snip the herbs from a border and give them to a neighbor who lost a job, a friend who can't garden anymore, or a favorite feeding organization. Fresh produce is always welcome.

Another way to share is to work with a local food pantry or feeding organization. The

website FoodPantires.org has a list of such organizations at https://www.foodpantries.org/ci/fl-boynton_beach. Also, check out Feeding South Florida at <https://feedingsouthflorida.org/>.

Give and garden generously; this year, we can make it, so no one in our neighborhood goes hungry.



It's a great time to plant lettuce in South Florida gardens and containers. Choose leaf lettuce such as Bibb, Boston, Oak Leaf (which is heat tolerant), salad mixes, and Romaine (pictured). Sow the seeds every 5 to 7 days for a continuous supply of fresh tender leaves for sandwiches and salads. Pick the outside leaves and let the plant grow to produce more for future harvesting.

PHOTO CONTRIBUTED BY CAROL CLOUD BAILEY

This column and image first appeared in the [Treasure Coast Newspapers](#).

SAVE THE DATE!

EVERGLADES DAYS

February 11 - 18, 2023



Join us for a week of fun activities including archery, fishing, paddling, guided walks and tours, guest speakers, crafts, games, and so much more!



Visit the events page on our website to learn more!



www.fws.gov/refuge/arthur-r-marshall-loxahatchee/events



NATIONAL WILDLIFE REFUGE SYSTEM



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Butterfly Corner: Orange-barred Sulphur

by Carol Stender

About a year ago, I planted a Chapman's Senna (*Senna mexicana* var. *chapnamii*) under the live oak in my front yard. You might know it as Chapman's Cassia or Bahama Cassia. It's listed as "threatened" by the state of Florida. It's an attractive bush with dancing lime green leaves highlighted year round by bright yellow flowers. On top of that, members of the Cassia family are the host plants for sulphurs.

What is a sulphur? Sulphurs are a group of bright yellow or orange butterflies with a wingspan from 1.5 to 4 inches. Common Sulphurs include the Cloudless Sulphur, Sleepy Orange Sulphur, and the Orange-Barred Sulphur. The males of this family are colored differently than the females and the females actually change their color depending on the season of the year—wet or dry season. I hoped to provide a reason for these delightful yellow butterflies to visit my yard, my bush!



Orange-barred Sulphur (Phoebis philea)

My cassia has flourished and obviously loves its home. It's about 4 foot tall and I keep it trimmed as it tends to sprawl. I've been checking it for eggs and caterpillars for

months, to no avail. A Facebook post reassured me: "the eggs of the sulphur are difficult to spot. So don't despair." I kept looking. Although I did see a few bright yellow sulphurs dancing around my bush, I spied no eggs, no caterpillars. That is until December 23rd.

Busy with last minute Christmas preparations, I moved my car out front and parked under the live oak. I walked up the yard, giving my Chapman's Senna, a customary inspection, picking off a bent twig or two and then—VOILA! There he was—a big, fat, green and black caterpillar! Oh, happy day! How could I have missed this fellow? I examined some more and found another nice sized caterpillar on the other side of the bush. While I fumbled for my phone to take photos, two adult sulphurs fluttered by, playing around my lovely cassia. Made my day!

A quick check online told me that I was now hosting Orange-barred sulphur larvae. My sources say they are common butterflies that can be seen year round in parks and gardens from peninsular Florida, south to Brazil. They are more rare further west.

The male is bright yellow-orange and its forewing has a red-orange bar in the center. The hind wing has orange along the lower margin.

The female is much larger than the male of this specie. She is whitish in the wet season. She becomes more yellow with small brownish spots and a reddish orange band along the lower margins of her wings during the dry season.

Both the male and female have a solid black spot on the upper side of their forewing with a row of broken, angled black smudges along the margin. The wingspan of these beauties ranges from 2 3/4 to 4 inches.

Females lay their whitish spindle-shaped eggs singly on the leaves of the host plant.

The mature larva are green to yellow with black stripes across and numerous small black points. The larvae eat the leaves and the flowers of the host plant. The big green caterpillar that I first found was on the leaves. A few weeks later, I found a few smaller,



Photo of the lovely larva of the Orange-barred Sulphur that I found on my cassia

yellower caterpillars on the yellow flowers. I have read that the caterpillars prefer the flowers to the leaves.

The chrysalis can be shades of green or pink.

The swift, high flying adults eat nectar from many different flowers.

Here's an interesting bit of trivia: the name "butterfly" is believed to have originated from a member of this family, the brimstone butterfly (*Ganeptryx rhombi*), which was called the "butter-coloured fly" by early British naturalists. The brimstone is found in Europe, Asia and North Africa, not in the Americas.

Resources:

Florida Museum. "Florida Wildflowers and Butterflies." Orange-barred Sulphur: *Phoebis philea*. <https://www.floridamuseum.ufl.edu/wildflowers/butterfly/orange-barred-sulphur/> Dec. 9, 2021.

Butterflies and Moths of North America. <https://www.butterfliesandmoths.org/species/Phoebis-philea>

QUALITY VENDORS

GREAT RAFFLE PRIZES

Hosted by Garden Club of Indian River County, Inc

GARDENFEST

Saturday, Feb 4, 9 am - 5 pm

Sunday, Feb 5, 9 am - 4 pm

Free Admission & Free Parking

Check our website for more information & directions

www.gardenclubofirc.org

The Culinary Gardener: Chervil

by Pat Inturrisi

Chervil is included in the famous fines herb blend along with parsley, tarragon and chives. In fact, it is sometimes called French parsley. It was formerly called myrrhis and its volatile oil is similar to the resinous substance that is called myrrh. The herb itself is very delicate, and has a unique peppery sweet flavor tasting like parsley, licorice, and fennel combined. While its cousin, Parsley, is the superstar, chervil doesn't get as much attention. Lately it's being touted as the "gourmet parsley" for those who prefer a more sophisticated herb than parsley. Chervil grows best in shade and moist soil. Like cilantro, it has a tendency to bolt in the heat so the leaves should be snipped regularly. Because of its low light requirements, you can easily grow chervil indoors in pots even on a windowsill. It can even be found growing wild on the side of the roadways in Greece. It has a long taproot and in the spring is covered in tiny white flowers. It doesn't like to be moved so it's better to sow your seeds directly where chervil is to be grown. The seedlings take 14 days to emerge and prefer cool well drained soil.

It will thrive in full shade in our warmer climate. Chervil is symbiotic with mint and both do well when planted together.

Chervil is not an herb that is widely used.

To substitute in the following recipes, use equal parts tarragon and parsley.

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This is a delicious Cauliflower soup to make if and when our cooler weather arrives.

### Roasted Cauliflower and Leek Soup

- 1 head cauliflower broken into florets
- 2 Tbl oil
- 3 Tbl butter
- 2 cloves garlic, minced
- 2 leeks, white part only, chopped
- 1/4 c flour
- 1 quart chicken stock ( 4 c)
- 1/3 c cream
- 1 Tbl chopped chervil
- 1 t salt

Set oven to 375 degrees

Place cauliflower, garlic and oil in bowl and toss to combine

Arrange on oiled baking sheet or sheet lined with parchment and roast 30 minutes until tender and lightly browned.

Melt butter in stockpot and stir in leeks and flour. Sauté 10 minutes or so. Add cauliflower, chicken stock and cream. Simmer 20-25 minutes. Stir in salt, chervil and black pepper to taste. Simmer 10 minutes more.

Serve as is or blend half of soup until smooth and serve topped with sharp cheddar cheese.

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Compound Butter with Chervil and Honey

- 1 c softened butter
- 1 Tbl honey
- 1 Tbl finely chopped chervil
- 1 tsp sea salt

Sweet and salty, goes well with seafood or roasted chicken





Upcoming Birthdays

Remember our members when their special day comes around.

Madelyne Lenny	January 21
Karen Bowman	January 30
Linda Schrader	February 2
Debra Tucker	February 4
Cyndie Sable	February 16
Keegan Gabriel	February 20

Welcome Our New Members!

Linda Anderson

1305 SW 15th Ave., BB33426

217-971-4792

linda.s.anderson82@gmail.com

DOB 03/30

Committees:

Butterfly Garden, Publicity



Brenda Jones

1908 SW 12th Ave, BB 33426

210-219-9023

brendajo1950@yahoo.com

DOB 3/13

Committees:

Butterfly Garden, Hospitality

The Boynton Beach Historical Society

The BB Historical Society invites BBGC Members to attend their February 2023 program.

The Florida Highwaymen Art Show and Sale

February 4, 2023, 11am-3pm

at the Boynton Beach Arts & Cultural Center.

125 E Ocean Ave, Boynton Beach.

Free admission. Free parking.

Send a request to join to BBHSPrograms@gmail.com and we'll send you an invitation.
Free and open to the public.